

Name: Dr. Manoj Narain Shukla

Designation: Associate Professor

Department: Physiotherapy

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ABOUT:

I am Dr. Manoj Narain Shukla, currently serving as an Associate Professor in the Department of Physiotherapy, Faculty of Para-Medical & Allied Health Sciences. With over 10 years of experience in physiotherapy education and clinical practice, I am deeply committed to advancing patient care through evidence-based rehabilitation techniques and hands-on therapeutic approaches.

I earned my Ph.D. from Tanta University, Sri Ganganagar, following my postgraduate studies (MPT) at Ch. Charan Singh University, Meerut, and undergraduate training (BPT) at Chhatrapati Shahu Ji Maharaj University, Kanpur. My academic journey has been focused on musculoskeletal physiotherapy and rehabilitation sciences.

My research, titled *“Effect of Maitland Mobilization and Conventional Physiotherapy Exercises in Osteoarthritis Knee: A Comparative Study,”* explores the effectiveness of manual therapy in managing degenerative joint conditions. I have authored 8 research publications and continue to engage in scholarly work aimed at improving clinical outcomes and physiotherapy protocols.

My key areas of interest include **Maitland Mobilization, physiotherapy exercises, osteoarthritis knee management, and rehabilitation techniques**. I am passionate about integrating clinical expertise with academic rigor to prepare the next generation of physiotherapists and enhance patient-centered care.

Experience: 10 YEARS

Qualification:

- Ph.D. from Tanta University, Sri Ganganagar
- MPT from Ch. Charan Singh University, Meerut
- BPT from Chhatrapati Shahu Ji Maharaj University, Kanpur

No. of Research Publications: 8

Research Work: Effect of Maitland Mobilization and Conventional Physiotherapy Exercises in Osteoarthritis Knee: A Comparative Study

Areas of Interests:

- Maitland Mobilization
- Physiotherapy Exercises
- Osteoarthritis Knee
- Rehabilitation Techniques