

**Name:** Dr. Hanuman Singh  
**Designation:** Professor  
**Department:** Physiotherapy  
**Faculty of:** Faculty of Para-Medical & Allied Health Sciences  
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**About:** I am Dr. Hanuman Singh, a Professor in the Department of Physiotherapy at the Faculty of Para-Medical & Allied Health Sciences. With 5 years of experience in both teaching and research, my work focuses on the clinical aspects of physiotherapy, particularly in the treatment of adhesive capsulitis and other musculoskeletal conditions.

I completed my Ph.D. in Physiotherapy from Tantiya University, Sri Ganganagar, in 2017. I also hold a Master's in Physiotherapy in Sports from Hemwati Nandan Bahuguna Garhwal University, Srinagar (Garhwal) Uttarakhand (2007), and a Bachelor of Physiotherapy from Kurukshetra University (2001).

My research primarily revolves around the **comparative study of manual mobilization with active exercises** for treating adhesive capsulitis. I have published two research papers focusing on these topics.

**Experience:** 05

**Qualification:**

- ✓ Ph.D in Physiotherapy Tantiya University, SriGanganagar in 2017
- ✓ Master in Physiotherapy in Sports Hemwati nandan Bahuguna Garhwal University, Srinagar (Garhwal) Uttarakhand in 2007
- ✓ Bachelor of Physiotherapy from Kurukshetra University, in 2001

**No. of Research Publications:** 2

**Research Work:** Comparative Study of Manual Mobilization with Active Exercise for Adhesive Capsulitis

**Areas of Interests:**

1. **Effectiveness of Manual Mobilization Techniques in Adhesive Capsulitis**
2. **Impact of Active Exercise on Shoulder Function in Adhesive Capsulitis**
3. **Pain Reduction and Functional Recovery: A Comparative Analysis**
4. **Combination Therapy: Integrating Manual Mobilization with Active Exercises**